

NORTH CAROLINA BOARD OF DIETETICS/NUTRITION
RULES COMMITTEE MEETING
1:30 PM
1135 KILDAIRE FARM ROAD, SUITE 200
CARY, NC 27511

[ELECTRONIC ONLY MEETING]

OPEN MINUTES: September 30, 2022

Board Members Present: Analia Camarasa, Amanda Holliday, Karen Thomas, Ananya Sen

Director: Charla Burill, Executive Director

Ex-Officio: Marnie Jones, Administrative Specialist

Guests: Nancy Ruberto-Beachler, Cindy Schwalb

Absent: Patricia Pitts

Call to Order - Dr. Sen

Dr. Sen called the Rules Committee meeting to order at 1:34 p.m. Dr. Sen noted that because the Board has adopted an electronic meeting policy, all members should adhere to the best practices set forth in that document.

There is a quorum of the Rules Committee present, and no conflicts of interest were heard.

Analia motioned to approve the agenda. Dr. Sen seconded the motion. No discussion. Roll call to approve: Analia – Yes, Dr. Sen – Yes.

Public Comment – Dr. Sen

-None heard

Noting the Rules Committee was meeting virtually but there were hurricane conditions present in the state of North Carolina, the Rules Committee decided if power or internet went down, they would recess and meet again on 10/14 at 9:30 a.m.

As Chair and holding the educator position, Amanda went through the public comments thoroughly and had received guidance from Henry Jones, General Counsel. Prior to the meeting, Amanda had sent out a document with proposed edits for committee consideration.

Amanda led the committee through her ideas on revised language to address some of the concerns from the public.

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- Added “initial” to before ongoing to definition of “Nutrition Assessment.” Deleted reference to addressing only “nutrition problems.” Left language addressing swallow screening as this was reviewed with Speech Pathology Board and is something that is regularly done – emphasis it is only a screening,
- Returned “Nutrition Counseling” to be its own definition; removed the last part of what it is “not.”

- Separated out “Nutrition Education” and the committee discussed further the idea to add “... in keeping with the individual’s personal, cultural, and socioeconomic preferences.”
- Added definition (separating out from previously joined with counseling) for “Nutrition Intervention.”
- Edits made during discussion:
 - Removed “purposefully” (RRC doesn’t like/allow “ly” words)
 - Replace positively (same reason as above) with “to improve”
 - Remove “for an individual” at the end and replace with “in keeping with the individual’s personal, cultural, and socioeconomic preferences.”
- Recommended change in definition of “nutrition monitoring and evaluation” from “medical nutrition therapy” to “the nutrition care” noting, as suggested by comments, not all monitoring and evaluation involves MNT.
- Recommended change from “Professional Setting” to “Direct supervised experiential learning” noting comments received indicated that activities listed were not a setting.

Amanda proceeded to review with committee minor suggestions. She noted that Henry Jones’s direction had been sought on other changes and he suggested keeping as originally published/proposed based on the authority in the statute.

Dr. Sen checked in with Karen Thomas, and Karen indicated she was in agreement and appreciated sitting in on the committee meeting.

Public Comment – Dr. Sen

-None Heard

Analia made a motion to adjourn the meeting at 2:38 p.m. Dr. Sen seconded the motion. No discussion. Roll call to approve: Analia – Yes, Dr. Sen – Yes.