Pathways to licensure in NC
Opportunities Available to Veterans & Military Spouses

Category A: Registered Dietitian/Nutritionist (RDN) Licensed Dietitian/Nutritionist (LDN) Application

Category A applicants are Registered Dietitians who are currently registered with the Commission on Dietetic Registration (CDR), OR are already provisionally licensed as a PLDN and are seeking to convert a Category B Provisional license to Category A. All out of state applicants who are Registered Dietitians should apply under Category A, not Reciprocity via Category D. The licensing fee for an initial Category A license is $213 ($50 non-refundable application fee + $125 issuance fee + $38 criminal background check fee). The application and issuance portions of this fee may be waived for military-trained or military spouse applicants who meet the fee exemption requirements under NC General Statute § 93B-15.1. All applicants are subject to the criminal background check fee, as well as annual renewal fee.

Category B: Provisional Licensed Dietitian/Nutritionist (PLDN) Application

Category B PLDN applicants have completed an ACEND-accredited academic program, an ACEND-accredited supervised practice program, and have received an “Eligibility to Test” email from the Commission on Dietetic Registration (CDR). Applicants for a Category B (PLDN license) have not yet taken the CDR exam, but do need to provide a Didactic Program Verification Statement, a Supervised Internship Verification Statement (or a Coordinated Program Verification Statement, if applicable), a Supervisor Verification Statement (Form B-2), a copy of their unofficial transcripts, a copy of a government issued photo ID, as well as a copy of their CDR Eligibility to Test email. The fee for an initial Category B PLDN license is $123 ($50 non-refundable application fee + $35 issuance fee + $38 criminal background check fee). Once licensed, provisional (PLDN) licensees then have 12 months to pass the CDR RD exam in order to be eligible to upgrade to a full Category A (LDN) license for the balance of the issuance fee, which is $90. Provisional LDN (PLDN) licenses expire after one (1) year. The application and issuance portions of this fee may be waived for military-trained or military spouse applicants who meet the fee exemption requirements under NC General Statute § 93B-15.1. All applicants are subject to the criminal background check fee.

Category C: Non-RD LDN Application

Category C applicants hold a baccalaureate or higher degree from a regionally accredited college or university with a major course of study in an area of nutrition described in N.C.G.S. § 90-357.5(1)(a). Regardless of the course of study, one’s program must meet the competency requirements of an ACEND-accredited didactic program in dietetics. The NCBDN will review potential applicants’ education and notify applicants of eligibility status for Category C licensure. This includes subsequent completion of a supervised practice experience that meets the competency requirements of an ACEND accredited supervised practice experience and is not less than 1,000 hours under the supervision of a professional defined in N.C.G.S. § 90-357.5(1)(b). Additionally, applicants must successfully complete the registration
examination for dietitian nutritionists administered by the Commission on Dietetic Registration. The total fee for Category C is $363 (Examination Fee - $150.00 + non-refundable Application fee of $50.00 + Issuance Fee of $125.00 + Criminal Background Check fee of $38. The application and issuance portions of this fee may be waived for military-trained or military spouse applicants who meet the fee exemption requirements under NC General Statute § 93B-15.1. All applicants are subject to the criminal background check fee and annual renewal fee. Please contact the NCBDN office if interested in a Category C license.

Category D: Reciprocity Application

Category D applicants are seeking licensure by reciprocity and have qualifications that do not otherwise fit into another Category listed on this page. Only states with equivalent licensing requirements, as determined by the Board, will be considered. Registered Dietitian/Nutritionists should apply under Category A. Certified Nutrition Specialists should apply under Category F. The total fee for Category D is $213 - non-refundable Application fee of $50.00 + Issuance Fee of $125.00 + Criminal Background Check fee of $38. The application and issuance portions of this fee may be waived for military-trained or military spouse applicants who meet the fee exemption requirements under NC General Statute § 93B-15.1. All applicants are subject to the criminal background check fee and annual renewal fee. Please contact the NCBDN if interested in a Category D license.

Category F: Licensed Nutritionist (LN) Application

Category F, LN applicants have completed a master’s or doctoral degree in nutrition or a master’s or doctoral degree in a field of clinical health care, at a regionally accredited institution that meets the minimum course requirements defined in N.C.G.S. § 90-357.5(c)(1); a Board approved 1000-hour supervised practice program that meets the statutory minimum competency requirements defined in N.C.G.S. § 90-357.5(c)(2) under the supervision of a professional provided in this section; and passed either the Certified Nutrition Specialist (CNS) exam, or Diplomate of the American Clinical Board of Nutrition (DACBN) exam. Applicants for a Category F LN license will need to provide the following documents: official transcripts, copy of a government issued photo ID, Form A-3 Supervised Practice Experience Candidate Report and tracking form (sample tracking log available as Form A7), Form A-4 Supervisor Approval Application(s) for each supervisor named on A3, Form A-5 Supervised Practice Experience Supervisor’s Report(s) for each supervisor named on A3, and Form A-6 Coursework Worksheet (all forms available on our website under "Forms & Resources"). The licensing fee for an initial Category F license is $213 ($50 non-refundable application fee + $125 issuance fee + $38 criminal background check fee). The application and issuance portions of this fee may be waived for military-trained or military spouse applicants who meet the fee exemption requirements under NC General Statute § 93B-15.1. All applicants are subject to the criminal background check fee, as well as annual renewal fee.

Category G: Provisional Licensed Nutritionist (PLN) Application

Category G, (Provisional LN) applicants have completed a master’s or doctoral degree in nutrition or a master’s or doctoral degree in a field of clinical health care, at a regionally accredited institution, that meets the minimum course requirements defined in N.C.G.S. § 90-357.5(c)(1); a Board approved 1000-hour supervised practice program that meets the statutory minimum competency requirements defined in N.C.G.S. § 90-357.5(c)(2) under the supervision of a professional provided in this section; and made application to the Board for Certified Nutrition Specialists to take the CNS exam, or have made application to the American Clinical Board of Nutrition to take the Diplomate of the American Clinical Board of Nutrition exam. Applicants for a Category G (PLN license) have not yet taken the exam(s) noted above, but will need to provide the following documents to support this application: official transcripts, copy of a government issued photo ID, Form B-2 the Supervisor Verification Statement, Form A-3 Supervised
Practice Experience Candidate Report and tracking form, Form A-4 Supervisor Approval Application(s) for each supervisor named on A3, Form A-5 Supervised Practice Experience Supervisor’s Report(s) for each supervisor named on A3, and Form A-6 Coursework Worksheet (available on our website under "Forms & Resources"). The fee for an initial Category G PLN license is $123 ($50 non-refundable application fee + $35 issuance fee + $38 criminal background check fee). Once licensed, provisional (PLN) licensees then have 12 months to pass the CNS or DACBN exam in order to be eligible to upgrade to a full Category F (LN) license for the balance of the issuance fee, which is $90. Provisional LN (PLN) licenses expire after one (1) year. The application and issuance portions of this fee may be waived for military-trained or military spouse applicants who meet the fee exemption requirements under NC General Statute § 93B-15.1. All applicants are subject to the criminal background check fee. Please contact the NCBDN if interested in a Category G license.

*Please note, the above descriptions only include the statutory requirements for licensure. Category C and D have additional requirements which must be met before licensure will be granted. Please contact the NCBDN office for details.